

New Class!

Intermediate Technique



David Roland
Thursdays
8:00 – 9:00 p.m.

Intermediate Technique Class

Sometimes dancers get caught up in the choreography and forget to hold themselves correctly when dancing. Just a few technique tips will make the dance look better and more importantly, feel better!

David is a master at helping all levels of dancers correct form and function to maximize ease and enjoyment in dance. In February he will begin with Smooth Technique and will choose techniques common to all smooth dances with a weekly emphasis on a different smooth dance.

In March he will provide the same for the Rhythm dances. Sometimes called the “Dance Doctor”, David has immense skill in identifying and helping dancers correct issues that interfere with their dancing.

\$30 Members, \$40 Guests, or \$10 per Week