

Monthly Dance Classes

Wow! What other dance club has 4 group dance classes scheduled every week plus an hour lesson on both Friday and Saturday! The monthly group classes are structured so that there is a different dance featured each month.

Every week, the instructor reviews the previous weeks and adds a new step. This repetitive method is very effective. Because it is a progressive class, it is important to start on the first week of the month to avoid having to catch up with the rest of the class thereby slowing their progress.

BEGINNER to BRONZE

Thursday

7:00 – 8:00, Stephen Duane



New to the dance floor or maybe you tried but realized that you had two left feet? A beginning dancer focuses on one aspect of dance only, which makes you forget about the music and or timing. You are just trying to move! After a while your feet move in time with the

music. Now you are a basic dancer, beginning to lead and follow takes on new meaning. Beginning dance classes teach the basic frame and body positions, a breakdown of the basic rhythm and steps of the essential ballroom dances such as Waltz, Foxtrot, Tango, Swing, Rumba, and Cha Cha.

INTERMEDIATE

Thursday

8:00 – 9:00

Marina Fridmanovich



You have been dancing for a while, you have the basics down, and you want to perfect your dancing. It's time for Intermediate Class. These classes will teach you how to move around the floor with confidence (sequencing

steps together), how to lead and follow, how to add drive to your steps, how to add styling (Latin movement, contra-body movement, arm styling, etc).

INTERMEDIATE continued

The intermediate dancer needs to be able to change direction at a given moment, know the line of dance, and know the sequence of steps. You are beginning to “drive” your steps and move your own body versus someone moving it for you. You are mastering the components of dance so that you learn new patterns much easier.

ADVANCED INTERMEDIATE

Tuesday

7:00 – 8:30, David Roland



Now that you have become a little more confident and comfortable, you can move on to more advanced technique and styling. Refining good lead and follow is a major part of dance. Without it, true dance cannot happen and

you end up with 2 sets of memorized steps that hopefully happen at the same time. This class will start with a half-hour of lead-follow and technique that will be applied to the dance of the month. The last hour will include advanced intermediate patterns.

ADVANCED – ANYTHING GOES

Monday

7:00–8:00 Debbie Housand



The advanced dancer is someone who already understands directional movement for all dances. You can change direction on a moments notice to avoid obstacles (other dancers). The advanced dancer utilizes sway and contra body where needed

to enhance movement. You can remember about footwork and body position in different movements. This class will incorporate new and creative moves!

Monthly Class Price List	
1 Monday Class - (4 weeks)	\$30
1 Tuesday Class - (4 weeks)	40
1 Monday, 1 Tuesday	60
1 Thursday Class (4 weeks)	30
2 Thursday Classes (4 weeks)	50
Non-members add \$10 per class for M, T	



Private Lessons

We are fortunate in that four great professional dance instructors have agreements to teach private lessons at BDC:

David Roland

Phone: 843-568-6888
tdroland57@comcast.net

Debbie Housand

Phone: 843-991-3601
housand111@aol.com

Linda Scott

Phone: 843-693-0618
Dancnpengn01@gmail.com

Stephen Duane

Phone: 843-557-7690
stephenduane@yahoo.com

Dance Floor Available For Practice

Our dance floor is available to members for private lessons and practice. Please enter your information on the sign-in sheet located on the front desk. The floor-use charge for practice is \$10 per hour for members. (Private lessons include the cost of floor use.) Payment envelopes are on the sign-in sheet at the front desk. If you have questions, please contact Toni at 330-416-1712.

Dance Parties

Friday/Saturdays Lessons vary every week--see the calendar for details. There is an hour-long lesson before the regular dance AND it is included in the price of party admission! Light snack food, sodas, and coffee are included as well.

Admission is \$5 for members and \$10 for non-members. Dress code is always your choice!

Sunday night parties include a great band most of the time – check out our website for details every week. While they do focus on Lindy Hop dances, there is music for ballroom dancers as well – especially on Big Band night!

NEW!

Dance Host

BDC will have a professional dance instructor on hand every Saturday night in March from 8:30 to 10:30. His one and only mission is to dance with as many unaccompanied ladies as possible! The results will be evaluated in a month.

So if you like a good dance or more, come to BDC every Saturday night – no partner necessary!