



# Newsletter

USA Dance, Chapter 6021, 1632 Ashley Hall Road, Charleston, SC  
Website: <http://www.ballroomdancecharleston.org/> Phone: 843-482-0871  
Photos: <http://charlestonballroomdanceclub.shutterfly.com>

October 2013

## President's Corner

By Bob Olszewski

Since I was a guest of MUSC, I could not be there, but I heard that National Ballroom Week was a big success. This takes tremendous effort and we thank all the people involved for their hard work: Marcia, Betsy, Tina, Jake, Ellie, Shelby, Connie, Bob H, David, Debbie, Linda, Toni, Marina, Stephen, Adele, Irv, Ernie, Kim, Les, and Hans. Whew! That was a busy week and I am certainly sorry I had to miss it. MUSC is nice enough, but BDC is much more fun!

The Del Webb Community in Summerville invited us to perform at 11:00 a.m. Saturday, October 19. This will be a great way to showcase what a wonderful club we have. If you are interested in performing, please contact me at 609-827-8832.

We have two brand new ways to learn to dance:  
**Wednesday Beginner Waltz Class** 7:00 – 8:00  
Debbie Housand, Instructor. This class will review the previous weeks and add a pattern. (We will also continue the Thursday Beginner Class taught by Stephen Duane – Bolero for October.) See pages 3-4. and

### Friday Progressive West Coast Lessons

Every Friday the lesson from the previous week will be reviewed, making it easier to remember. The price is the same for the lesson and party - \$5/\$10 and will be taught by Jason and Sheela. This is one of their specialties - if you haven't seen them dance the West Coast, you have a real treat in store! Page 5.

Reluctantly, the Board accepted the resignation of Kim McDermott in September. We will miss her. If you are interested in serving on the board, contact me at 609-827-8832.

## Happy Birthday!

Alene Williams.....	Oct 2
Bob Kohn .....	Oct 5
Cheryl Erckert .....	Oct 15
Kim Brown .....	Oct 20
Sharon Hensen .....	Oct 21
Kim McDermott .....	Oct 25
Lee Staats .....	Oct 25
Shelby Groome .....	Oct 25

## Special Events

### Beginner Waltz Workshop

Debbie Housand, Instructor  
Sunday, October 6, 2013, 2:00 – 4:30 p.m.  
\$25 Members, \$35 Guests  
See Page 6 (Please Pre-Register)

### Board Meeting –BDC, Sat., October 12, 6:00 p.m.

### Intermediate Night Club 2-Step Workshop #3

Sam and Denise Miller, Instructors  
Saturday, October 12, 10:00 a.m. – 12:00 noon  
\$25 Members, \$35 Guests  
See Page 7 (Please Pre-Register)

### Halloween Costume Party - Potluck!

Saturday, October 26, \$5 Members, \$10 Guests  
Costume Contest, Mixers, Games  
7:30 Cha Cha Lesson, David  
8:30 Party  
DJ – Susan, Hosts - Shelby and Anne

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## Welcome New Members!

We welcome all new members to our dance club and hope that they will enjoy it as much as we do. New members will be featured in later newsletters as we get information and photos.



**Erin Henderson** is small but has enough enthusiasm for three people and is always smiling! She has only been dancing since July and likes them all, but particularly loves swing and the Sunday night dances.

She is quick (and brave) enough to teach 4-year olds by day and even loves it! Now, that's stamina. Erin has a 10-year old son, Findlay, and a 7 year-old daughter, Sarah Beth, who are now in our Monday afternoon Lindy Hop class with Stephen.

Erin is also an avid sports fan, especially high school and college football, and long distance runner. She began running in high school and does events ranging from 10K to the half-marathon.

Welcome Erin!



**Melissa Koci** can be found at BDC almost every Sunday night or many weekdays practicing Lindy Hop with Stephen. She is another ball of energy! We hope to add ballroom to her dance passion soon.

Melissa recently moved back to Charleston from Arizona to be near family. In Arizona, she was a Yoga and meditation instructor – her other passion.

Welcome Melissa!

## Information Needed!

The new membership forms come through, but sometimes I can't put a face with them! Help us all get to know you so that we can welcome you properly.

If you are a new member and have not been featured on this page, please contact me at [connievance10@gmail.com](mailto:connievance10@gmail.com). All it takes is a brief questionnaire along with a recent photo.

## Monthly Dance Classes

What other dance venue has five group dance classes scheduled every week plus an hour lesson on Friday, Saturday, and Sunday? The monthly group classes are structured so that there is a different dance featured each month. And, there is a \$5 discount for each class if you take multiple classes. Professional and affordable.

Every week, the instructor reviews the previous weeks and adds a new pattern. This repetitive method is very effective. Because it is a progressive class, it is important to start on the first week of the month to avoid having to catch up with the rest of the class, thereby slowing their progress.

### BEGINNER to BRONZE

#### Thursday

7:00 – 8:00, Stephen Duane, 843-557-7690



New to the dance floor or maybe you tried but realized that you had two left feet? A beginning dancer focuses on one aspect of dance only, which makes you forget about the music and or timing. You are just trying to move! After a while your feet move in time with the

music. Now you are a basic dancer, beginning to lead and follow takes on new meaning. Beginning dance classes teach the basic frame and body positions, a breakdown of the basic rhythm and steps of the essential ballroom dances. This class is open enrollment, with either a reduced rate by the month at \$40 for 5 weeks or by the week at \$10.

### BEGINNER

#### Wednesday

7:00 – 8:00, Debbie Housand, 843-991-3601



This Class is at the same dance level as the Thursday Class listed above. It is being offered to our beginners for more opportunities to learn the basics. Having the option of 2 nights give a choice of dance taught, night of the week, and structure. Students should

enroll in this class at the beginning of the month for the entire month so that everyone will be on the same “page” every week. \$40 for 5 weeks.

## INTERMEDIATE

#### Thursday

8:00 – 9:00, Marina Fridmanovich, 843-654-1011



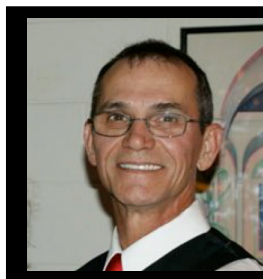
You have been dancing for a while, you have the basics down, and you want to perfect your dancing. It's time for Intermediate Class. These classes will teach you how to move around the floor with confidence

(sequencing steps together), how to lead and follow, how to add drive to your steps, and how to add styling (Latin movement, contra-body movement, arm styling, etc.). You are beginning to “drive” your steps and move your own body versus someone moving it for you. \$40 for 5 weeks or \$10 per class.

### ADVANCED INTERMEDIATE

#### Tuesday

7:00 – 8:30, David Roland, 843-568-6888



Now that you have become a little more confident and comfortable, you can move on to more advanced technique and styling. Refining good lead and follow is a major part of dance. Without it, true dance cannot happen and

you end up with 2 sets of memorized steps that hopefully happen at the same time. This class will start with a half-hour of lead-follow and technique that will be applied to the dance of the month. The last hour will include advanced intermediate patterns. \$50 for 5 weeks. (1 ½ Hour Class)

### ADVANCED – ANYTHING GOES

#### Monday

7:00–8:00, Debbie Housand, 843-991-3601



The advanced dancer is someone who already understands directional movement for all dances. You can change direction on a moment's notice to avoid obstacles (other dancers). The advanced dancer utilizes sway and contra body where needed to enhance

movement. You can remember about footwork and body position in different movements. This class will incorporate new and creative moves! \$30 for 4 weeks.



## Monthly Group Classes

### **Mondays – Anything Goes Lessons**

Debbie Housand, 7:00-8:00

East Coast Swing (4 weeks)

Stephen Duane 4:15-5:15

Youth Swing, Lindy Hop \$5 Person

### **Tuesdays – Intermediate to Advanced Lessons**

David Roland, 7:00-8:30

Lead Follow Rumba – 7:00 – 7:30

Rumba Pattern 7:30 – 8:30 (5 weeks)

### **Wednesdays – Beginner Lessons**

Debbie Housand, 7:00 – 8:00

Waltz (5 weeks)

### **Thursdays – Beginner-Bronze Lessons**

Stephen Duane, 7:00-8:00

Beginner Bolero (5 weeks)

Marina Fridmanovich, 8:00-9:00

Intermediate Foxtrot (5 weeks)

### **Sundays – Advanced Youth Lessons**

David Roland 1:00–2:00

### **Mondays – Youth Lindy Hop Swing Lessons**

Stephen Duane 4:15 – 5:15

Monthly Class Price List Members	One Class	Multiple Classes
*Monday Class – 4 weeks	\$30	\$25
Monday Class By the Week By Instructor Discretion	10	
*Tuesday Class – 5 weeks (1 ½ Hours)	50	45
Tuesday Class By the Week By Instructor Discretion	15	
Wednesday Class – 5 weeks	40	35
Thursday Class – 5 weeks	40	35
Thursday Class Each Week	10	
*Non-Members Mon, Tues	+10	+10

## Dance Floor Available For Practice

Our dance floor is available to members for private lessons and practice. All private lesson students and members using the floor for practice should enter this information on the sign-in sheet at the front desk.

Contact Toni for a door access code. 330-416-1712.

- ✓ The floor-use charge for practice is \$10 per hour for members. (Private lessons already include the cost of floor use.)
- ✓ Payment envelopes are on the sign-in sheet clipboard at the front desk (place \$ in safe).
- ✓ Prepaid discount rates are available for practice.

## Dance Parties

**Friday/Saturdays** Lessons vary every week--see the calendar for details. There is an hour-long lesson before the regular dance AND it is included in the price of party admission! Snack food, sodas, and coffee are included as well. Admission is \$5 for members and \$10 for guests. Dress code is always your choice!

**Sunday** night parties include a great band most of the time. While they do focus on the Charleston and Lindy Hop dances, there is always music for ballroom dancers as well.

### October 6 She Goes, He Goes

Our very own Hillary Arnold sings 20's style along with excellent musicians.

### October 13 The V-Tones

A Gypsy-Style Variety Band led by Noodle McDoodle whose main characteristic is a strong rotation of local musicians and 1920's Swing tunes.

### October 20 DJ Jazzygent

### October 27 Keith Jones and the Makeshifts

This band is out of Cincinnati, OH and is truly a throwback to the late 40's early 50's. Taking their inspiration from the early jump blues artists along with traditional rockabilly, they create a sound, that, while fresh, seems to channel these great decades of the past. The Makeshifts are influenced by greats such as Buddy Holly, and Elvis as well as Louis Jordan, Wynonie Harris and Big Joe Turner, to name a few.

## New on Fridays!

### **West Coast Swing Progressive Lessons**

As our president reported in his message, we will have progressive classes every Friday. Progressive means that the lesson from the previous week will be reviewed each time and then another pattern is added. It is a proven method – learn, practice, review, learn some more! For October, the dance lesson will be West Coast Swing with Jason and Sheela. This is their specialty dance and a real opportunity for us to add style to our West Coast! See flyer - page 5.

## Mark your Calendars!

December 14 – Christmas Party

December 31 – New Year's Eve Extravaganza



# West Coast Swing Progressive Lessons

Every Friday in October!



Learn new techniques and patterns and improve the ones you already know. This class is great for dancers of all levels, from beginner to experienced. Over the four Fridays in October, we will work on smoothing out your fundamentals while showing you new techniques and patterns to give your dance style.

Progressive means that each week the previous week will be reviewed, then more is added on. You don't have to come everytime but it is helpful. Learn, practice, review, learn more!

7:30 - 8:30 West Coast Lesson with Jason and Sheela  
8:30 - 11:00 Regular Dance Party (All for only \$5 Members or \$10 Guests)

Ballroom Dance Club, 1632 Ashley Hall Road, Charleston, SC  
[www.charlestonballroomdanceclub.org](http://www.charlestonballroomdanceclub.org)

# *Beginner Waltz* Workshop

Sunday, October 6

\$25 Members, \$35 Guests

2:00 – 4:30



Debbie Housand

This workshop will be great for the true beginner and will emphasize dance posture and technique for the Waltz. Debbie has 30+ years professional instruction experience from beginners to advanced!

Proper posture and technique will make dancing much easier for you!

Ballroom Dance Club of Charleston, 1632 Ashley Hall Road, Charleston, SC  
USA Dance – Chapter 6021

# *Night Club 2-Step* Workshop

Saturday, October 12  
\$25 Members, \$35 Guests  
10:00 – 12:00 a.m.



Sam and Denise Miller

This workshop is a continuation of the two Night Club Workshops held in August. The first two workshop moves will be reviewed and then another pattern added on. All with lots of tips on technique to make it easier and look better! A short video summary of the first two is posted: [charlestonballroomdanceclub.shutterfly.com](http://charlestonballroomdanceclub.shutterfly.com)

Sam and Denise are master instructors with 20+ years experience and multiple world champion winners.

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## Note

Advertising space is available to members for \$30 a month.

This includes:

- a full page in the newsletter
- extra space on the bulletin board
- inclusion on the club's website

This is a good way to sell or advertise about anything ..... services, furniture, instruments, junk.....

For more information, contact Connie at [connievance10@gmail.com](mailto:connievance10@gmail.com) or 843-754-5087.

