



USA Dance, Inc.

Carolina Heartbeat

A publication of Carolina Heartland, Chapter #6092

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November 2018

The President's Column



We are so fortunate that there are so many quality dance instructors, ballroom dance opportunities, and places to dance in the Triad and surrounding areas. I often hear people comment about how many dances there are on a given weekend in the Triad and how hard it is to decide which nights to attend. On occasion, there is an overlap between dances and folks are a bit frustrated due to the choice of so many dance events. What an incredibly wonderful "problem" to have! It is something that I think most of us take for granted.

When I am traveling, people often tell me that they don't have places to dance, instructors or a dance community in their area. One of the most important "ingredients" of social dance is to have a strong and vibrant community of dancers. Having a strong ballroom dance community strengthens all the groups and helps all of us continue to grow.

So, this month, get out and dance and support our local dance organizations! And be sure and join us at the Guilford Grange on the second Sunday of every month for our free lesson and dance that follows. Together, we empower a unique and special dance community that is of benefit to all of us.

Sherri Raeford, President

Carolina Heartland, USA Dance, Inc.

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(Editor's note: At the top of Page 2 is a list of local ballroom dances in November, and there is at least one dance every weekend!)

**Carolina Heartland Treasury
Balance – \$2622**

Photos of Beginner Classes and Dance (pages 1 and 2) by Sherri Raeford.

Right: Victoria & Mel Paterline demonstrated more advanced rumba, and also waltz, for the beginning dance students.

Upcoming Carolina Heartland Events

November 11— Monthly Dance, Guilford Grange, 4909 Guilford School Rd, Greensboro. **3:30-4:15 pm:** American Rumba lesson taught by Tim Saunders. **4:15-6:00 pm:** social dancing to music prepared by Rockie Troxler. Admission: \$5 for USA Dance members, \$10 for non-members, \$5 for students.

Dozens Attend Beginner Dance Classes!

The Autumn edition of the Free Beginner Dance Lessons, sponsored by Carolina Heartland, was a huge success. The classes, on the first 3 Mondays in October, were organized by **Lib Johnson**. They were taught by professional teachers **Randy Garner** and **Allen Berryhill** and by Lib, who stepped in to teach Waltz due to a scheduling miscommunication. Besides Lib, we also thank the large number of volunteers who came out and set up for the dances, performed dance demos, prepared music, and made sure all the students had partners to dance with for the classes and the dance party on the 4th Monday. A few photos of the classes and the dance are in this newsletter.

(Editor's Note: If you use Facebook you can go to the "Carolina Heartland USA Dance" group page and view many more photos of the classes and other dance events. New postings are added often)

October Dance and Workshop

Attendance at our October 14 monthly dance was down somewhat from previous months, mainly due to Tropical Storm Michael who had roared through this area with torrential rains and high winds three days prior to the dance. Many people still had no electricity on that Sunday and others had a lot of clean-up work to do at home.

Those who were able to attend the dance were treated to a great American Waltz lesson by Allen Berryhill, who taught 3 interesting patterns. Then we danced to Autumn-themed music prepared by Charlie Hafer.

We thank those who came early to set up for the dance, including hosts Ken and Christine Chiou, Lib Johnson, Melody Kearns, and Wes and Lynette Smitherman. Also thanks to those who brought refreshments, and to Rodger Haberfield for acting as teller.

The Viennese Waltz workshop was held as scheduled, with Adina Harper teaching exciting material to 11 eager students despite the tropical storm a couple days earlier

Chapter Election Update

As noted in the September issue, the revised USA Dance election procedures call for overlapping terms for the Board of Directors. Since this is an even-numbered year, we have to elect at least four board members for the 2019-2020 term of office. Five of the existing members will continue their current terms through the end of 2019, and at that time we will elect at least five members for the 2020-2021 term.

The Nomination and Election Committee, composed of Jan Yarborough-Coats, Cherrie Wheaton, and Carlie Coats have a slate of members willing to run for the 2019-2020 term. The slate includes Mel Paterline, Melody Kearns, Charlie Hafer, and Steve Raeford. The board members that will complete the second year of their current term through 2019 are Sherri Raeford, Lib Johnson, Rodger Haberfield, Lynette Smitherman, and Mark Lichtenberger.

The election will be held at the November 11 dance. An email will be sent to all members with notice of the election sometimes prior to the dance.



Beginner Dance Class

Triad Ballroom Dance Opportunities (all times PM)

Friday, Nov. 2, 1st Friday, Guilford Grange Dance, Guilford Grange, 4909 Guilford School Road, Greensboro 8-10. Contact: libsjohnson@triad.rr.com.

Saturday, Nov. 3, 1st Saturday, Southfork Recreation Center, Winston-Salem, 8:00-10:00. Contact: 336-659-4305.

Sunday, Nov. 4, 1st Sunday, Tim Saunders Dance, Guilford Grange, 3:30-5:30. Contact: Tim, 336-324-1924.

Friday, Nov. 9, 2nd Friday, Dinner & Dance, High Point Elks Lodge, 700 Old Mill Rd., Dinner 7:00; Dancing 8:00. Contact: Carolyn Williams, 336-945-3635.

Saturday, Nov. 10, 2nd Saturday, Greensboro Social Dance, Lewis Recreation Center, 8-10. Contact: Eileen Leggio, 336-643-6088.

Sunday, Nov. 11, 2nd Sunday, Carolina Heartland Dance, Guilford Grange. See details near top of page 1.

Friday, Nov. 16, 3rd Friday, Step Set Dance, Guilford Grange, 8-10. Contact: Charlotte Jackson, 336-889-5534 or jercharjack@yahoo.com.

Saturday, Nov. 24, 4th Saturday, Horizon Dance, Guilford Grange, 8-10. Contact: libsjohnson@triad.rr.com, 336-299-7412.

Sunday, Nov. 25, 4th Sunday, Piedmont USA Dance, Jerry Long YMCA, Lesson at 4:00; dancing from 4:30-6:30. Contact: Marcia, 336-712-8183 or hmbaer@aol.com.

Friday, Nov. 30, 5th Friday, Oldies Ballroom Benefit Dance, Guilford Grange, 8:00-10:00. Contact: Charlie, 336-554-5279.

Competitor's Corner*by Mel Paterline*

The Carolina Fall Classic USA Dance Regional Qualifying Event was held in Charlotte October 5-7 at the University Hilton. There were over 430 competitors ranging in age from 9 years to 65+ years. The Carolina Heartland Chapter had 4 couples compete in different age and skill level categories, and all of our competitors did well.

Billy Dillon and Allison Bailey won Gold Medals (1st place) in both Senior I Pre-Champion and Champion Latin. Carlie Coats and Jan Yarbrough Coats won a Bronze Medal (3rd Place) in Senior 4 Pre-Champion level. Mark Lichtenberger danced Latin with a partner from Virginia, and won a 1st place and several 2nd places in Bonze and Silver. Mark also danced Standard with Cindy Romine and they teamed up to win a 2nd place and finish as finalist in both Senior 2 and Senior 3 Silver and Gold skill levels. Mel and Victoria Paterline won a Silver Medal (2nd place) in Senior 4 Novice Standard and a Bronze Medal (3rd place) in Senior 4 Smooth.

Congratulations to all of our successful competitors who represented Carolina Heartland at the CFC!

(Editors note: If you want to observe a great collegiate competition, there will be one in Raleigh on November 3. See www.triangleopen.org for details.)

More photos of Beginner classes and dance party