



USA Dance, Inc.

Carolina Heartbeat



A publication of Carolina Heartland, Chapter #6092

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May 2019

The President's Column

Thanks to all who made *Some Enchanted Evening*, such a wonderful event. It truly was enchanted as the room was filled with laughter, friendship and beautiful dancers. It seems appropriate that our Black Tie is a Spring event, because dance, to me, is the personification of Spring. It rejuvenates, brings about a sense of well being and renews our spirit. I can't give enough praise to Marty Bergman and her wonderful team, but I also appreciate all of you who attended and filled the room with excitement and great dance camaraderie.

As the year continues, we have some wonderful programming in the works to truly reach out into the community at large and give of our talents and resources. We are so fortunate to have such a strong dance community that is willing to go above and beyond to make a difference in the lives of others. Several of our members and some guests danced, entertained and spent time with seniors living in apartments through the High Point Housing Authority this past week. Also, this past month, several dancers unified in honoring and celebrating the life of one of our own, Bill Taylor, who shared his kind and positive spirit to others. He will be missed.

As the year continues, I hope many of you can join in our monthly dances, workshops and outreach events. In looking forward, start making plans now to attend and/or dance in our Dance Showcase on September 15 at the Bur-mil Club in Greensboro.

Happy Spring to you all!

Sherri Raeford, President

Carolina Heartland, USA Dance, Inc.

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Upcoming Carolina Heartland Events

Saturday, May 11 — Bolero Workshop, taught by Tim Saunders. Guilford Grange, 4909 Guilford School Rd, Greensboro. 2:00-4:00 pm. Cost \$20, payable at door, but you must register with Lib Johnson at LibSJohnson@triad.rr.com by Thursday May 9, at 7 pm.

Sunday, May 19— Monthly Dance, Guilford Grange. 3:30-4:15 pm: American Waltz lesson taught by Randy Garner. 4:15-6:00 pm: social dancing to music prepared by Rockie Troxler. Admission: \$5 for USA Dance members, \$10 for non-members, \$5 for students.

NOTE DATE CHANGE ABOVE:

Since Mothers Day was scheduled for May 12 this year, our Second Sunday dance has been moved to the **THIRD Sunday, May 19**. Same great lesson, same great music, same great dance floor, just one week later!

And, the **BOLERO WORKSHOP** is still on for May 11, don't forget to reserve your spot soon!

"Some Enchanted Evening" really was!

Our annual spring Black Tie formal ball was really a big success this year with over 110 dancers in attendance (the most in recent years), great dance music by DJ Maria St. John, great food, great decorations, and a great atmosphere. Those attending were not just from the Triad area, but also from the Triangle, eastern NC, and elsewhere.

We thank event chairperson, Marty Bergman, volunteers listed below, and anyone not mentioned who contributed to the success of the Black Tie: Melody Kearns, Lib & Bob Johnson, Sherri & Steve Raeford, Linda & Bob Perry, Mel & Victoria Paterline, Al Kamperman, Lynda Williams, Mike Vuncannon, Larry Jackson, Lou Popowsky, Paul Sun, Curtis Bass, Steve Carrico, and Charlie Hafer.

A few of the many photos from that fun evening are in this issue, and more may show up in some future issues.



Spotlight on Connie Montz

If you have seen a vivacious

lady with short blond hair on the floor almost every dance at one of our functions, you have probably seen Connie Montz. Though she lives in Ridgeway (near Martinsville) and is a member of the Star Ballroom Dance Club there, she has also joined the Carolina Heartland Chapter 6092.

She is Indiana born, lived 14 years in St. Petersburg, FL and moved to Ridgeway, VA in 1996. She says "I am a Customer Service Manager at VF by day and I dance and work out at Planet Fitness at night. My friends and family would tell you that I am a health food nut. The ballroom dancing bug bit me when my daughter was 3".

(continued page 2, column 3)

Below: Connie at Latin dance class



April Carolina Heartland News

Probably due to storm warnings and tornado watches around the area, attendance at our April 14 dance was down a little from recent months. Those that attended were treated to a challenging and somewhat complex Cha Cha lesson, taught by **Allen Berryhill**, which featured 3 different patterns. Then they danced to spring-y music prepared by **Charlie Hafer**.

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April Funds Balance
\$2957

May Ballroom Dance Opportunities (all times PM)

May 3, 1st Friday, Guilford Grange Dance, Guilford Grange, 4909 Guilford School Road, Greensboro, 8-10. Contact: libsjohnson@triad.rr.com.

May 4, 1st Saturday, Southfork Recreation Center, Winston-Salem, Southfork Recreation Center, Winston-Salem, 8:00-10:00. Contact: 336-659-4305.

May 5, 1st Sunday, Tim Saunders Dance, Guilford Grange, **3:00-5:00.** Contact: Tim, 336-324-1924.

May 10, 2nd Friday, Dinner & Dance, High Point Elks Lodge, 700 Old Mill Rd., Dinner 7:00; Dancing 8:00. Contact: Carolyn Williams, 336-945-3635.

May 11, 2nd Saturday, Greensboro Social Dance, Lewis Recreation Center, 8-10. Contact: Eileen Leggio, 336-643-6088.

May 17, 3rd Friday, Step Set Dance, Guilford Grange, 8-10. Contact: Charlotte Jackson, 336-889-5534 or jercharjack@yahoo.com.

May 19, 3rd Sunday, Carolina Heartland Dance, Guilford Grange. **See details near top of page 1.**

May 25, 4th Saturday, Horizon Dance, Guilford Grange, 8-10. Contact: libsjohnson@triad.rr.com, 336-299-7412.

May 26, 4th Sunday, Piedmont USA Dance, Jerry Long YMCA, Clemmons. Lesson at 4:00; dancing from 4:30-6:30. Contact: Marcia, 336-712-8183 or hmbar@aol.com.

May 31, 5th Friday, Oldies & Ballroom Benefit Dance, Guilford Grange, 8-10. Contact: Charlie, charleshafer@gmail.com or 336-554-5279

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Everyone also enjoyed the fantastic spring decorations put together by hostesses **Caroline Owen** and **Liz Gilkey**. And they enjoyed the refreshments supplied by Ken Lommel, Caroline Owen, Liz Gilkey, Al Kamperman and Lynda Williams.

Carolina Heartland members and friends performed outreach programs at two High Point Senior Living Apartments buildings on April 18, and were well received. We thank those who participated: Sherri & Steve Raeford, Linda & Bob Perry, Jo Ann and Ken Lommel, Dan Manross, Peg Sterling, and Charlie Hafer.

Carolina Heartland is donating to and supporting dance lessons for seniors in High Point, taught by Adina Harper. There will be more information on this, as well as our support of the Dance Project organization (for young people) in Greensboro, and two other organizations, in future issues.

Photos below by professional photographer Steve Raeford



Above: Allen Berryhill & Kathy Saunders at April 14 dance

Spotlight, from page 1

Connie continues “ At her dance recital (ballet, tap, jazz and clogging), her ballet teacher ‘displayed’ a group of children of all ages performing a Latin ballroom medley formation dance! I hastened to sign my daughter up. I took Laura to classes, weekly cotillion, and dance parties.

I was always on the sidelines until a couple of fellows would not take no for an answer and coaxed me onto the dance floor. I have been dancing ever since, although I have learned almost everything second hand by watching my daughter’s lessons and practicing at the dance parties.

We belonged to the USA Dance Chapter in Gulfport Beach in Florida and Laura won a US Pro-Am Championship in International Quick Step and Foxtrot when she was around 14. In the two dance organizations mentioned above, I am enjoying meeting all the members and I am taking every available opportunity to practice. Most recently, I signed up to take some private lessons with Tim Saunders .”

We welcome Connie to our dance community and hope she keeps coming to the dances.



Left: Impromptu chorus line, with residents, at High Point outreach. Below: At Black Tie - Carolina Heartland president Sherri Raeford, event chair Marty Bergman, decorating wizard Melody Kearns



Decorated Black Tie table, before the dancers arrived



More Some Enchanted Evening Black Tie Photos
Most photos taken by professional photographer Steve Raeford



Above Left: our volunteer ushers—Lou Popowsky, Paul Sun, Bob Perry, Larry Jackson, Mel Paterline. *Below:* Our excellent DJ, Maria St. John. *Below Left:* the dancing had begun!



Right: Linda Jackson, Allen Berryhill, Cherrie Wheaton
Below: Some of the many Triangle area dancers who came and enjoyed our big event. *Bottom right:* Robin Borsos, Sherri Rae-ford, Allison Bailey, in 50 shades (more or less) of blue

