



Cape Cod Ballroom Dancers

Casual Dance



Friday, August 4, 2017

TIME: 7:30-10 p.m.

**PLACE: Betsy's Ballroom, at the rear of the
Yarmouth Senior Center,
528 Forest Road, Yarmouth, MA.**

**COST: General Admission \$12
CCBD/USA Dance Members \$9**

**7:30-8:15 p.m. Lesson with Carol Lanzillo—
West Coast Swing with Style**

- Assistants available to work with Beginner Dancers throughout the evening
- Lesson followed by dancing to recorded music
- Mixers, ladies' choices, and line dances
- Light refreshments, coffee and water
- Singles, couples and BEGINNER DANCERS welcome.

CCBD Casual Dances are the perfect place to relax, have fun, and practice and refine your dance moves. There are always instructors present who are more than willing to help with those new steps.

Future CCBD Dances

Sat 9/16	Celebration of Dance	8-11 p.m.	Music by Trilogy
Sun 9/24	Workshops	1-4 p.m.	Kathy St Jean & Randy Deats
Fri 10/6	CCBD Meeting	7-8 p.m.	Dance 8-10 p.m.
Fri 11/3	Casual Dance	7:30-10 p.m.	Lestyn Gilmore—Rhumba

In the event of cancellation we will send an email to everyone on our distribution list. To add your name, send your email address to ccbdnotices@gmail.com.

Please check the calendar page of our website

capecodballroomdancers.org