

Christine Luders

Professional Ballroom, Latin & Swing Instructor

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Christine cultivated an early passion for the arts, beginning with a background in music and gymnastics. These initial aspirations blended well with her interest in the functional symmetries of the human body, eventually leading her to pursue a degree in neurobiology, physiology, and behavior at the University of California at Davis. While gaining her bachelor's degree at UCD, she fell in love with ballroom dancing and followed a dream to become a dance instructor and share her love of dance with others.

Christine has 12 years of professional, full-time experience as a Ballroom, Latin, and Swing dance instructor, including private instruction, group classes, competition, choreography, and dance teams. Christine is trained in and teaches American Smooth, American Rhythm and International Standard styles of ballroom dance and continues to receive coaching from nationally and internationally respected coaches to advance her own dancing.

From 2004 to 2006 Christine trained and competed in Professional International Standard competitive events throughout Northern California. In 2009 Christine was certified by Dance Vision International Dance Association (DVIDA). Having passed the DVIDA exams, she received a dance degree with High Honors. Christine's dance experience began in Sacramento California where over a nine year period she held positions at two prominent ballroom studios. Her positions and titles included: Director of Children's Programs, Studio Manager, and Assistant Program Director. Choosing to move to Washington State in early 2007, she has gone on to independently teach for many groups, individuals, and organizations in the Peninsula and Tacoma Areas. Christine's professionalism, knowledge of the sport, and patience has won her the respect of her students both in Washington and California.